

ADDITROM SCHOOL

Motto: the truth giveth light and peace

JHS 2 – HOME ECONOMICS OPTIONS

Answer all questions from this section

1. (a) i. Give two examples each of the following group of vegetables.

Roots:

.....

Bulbs:

.....

Leaves:

.....

b. State three ways of softening meat.

i.

ii.

iii.

(c). Mention five uses of fruits in food preparation.

i.

ii.

iii.

iv.

(d). State four qualities of a good seam.

i.

ii.

iii.

iv.

e). Mention three importance of taking body measurements in garment construction.

i.

.....

ii.

.....

iii.

.....

ii. What is salad?

.....

.....

iii. List four important points to consider when preparing salads.

i.

ii.

iii.

iv.

f). Mention five points to consider when buying canned/tinned food.

i.

ii.

iii.

iv.

v.

ii. State any three body measurements needed when making a skirt for a woman?

.....

.....

.....

iii. What is freehand cutting?

.....

.....
.....

g). List three disadvantages of freehand cutting.

i.

ii.

iii.

ii. Mention five uses of egg in food preparation.

i.

ii.

iii.

iv.